Value Added Benefits for 2025

Look at the highlighted benefits below to compare plans. All physical, mental, and substance abuse services are the same in each MCO. The table below shows extra benefits you can receive in KanCare. Please contact your MCO by phone or the MCO website for additional details related to the value added benefits.

Acronyms included: MCO = Managed Care Organization, HCBS=Home and Community Based Services, LTSS=Long Term Supports & Services, I/DD=Intellectually/Developmentally Disabled, FE=Frail Elderly, PD=Physical Disability, BI=Brain Injury and CMS=Centers for Medicare & Medicaid

sunflower health plan. UnitedHealthcare[®] 💖 Healthy Blue **Community Plan** -833-838-2593 (TTY 711) 1-877-542-9238 (TTY 711) 1-877-644-4623 (TTY 711) Any member ages 21 and over are eligible Dental for added dental benefits for specialty services not covered under KanCare, up to \$500 per year. On a quarterly basis, Sunflower will provide Adult members (age 21 an over) can get an Vision / Mobile Clinics Members access to dental and vision care via additional \$60 once a year, to upgrade their a mobile clinic for Members residing in rural communities. Sunflower will identify locations and coordinate appointments for Members to access dental screenings, vision screenings and prescription glasses; and to schedule follow up appointments as needed. Members over 18 with a behavioral health Home-delivered meals for FE waiver Members can get 14 meals (two meals/day members returning home from a nursing for seven days) from Mom's Meals if diagnosis can receive up to a \$75 Healthy **Farmers Markets** home or inpatient stay. Covers up to two Grocery Store gift card or wholesale discharged from a hospital, skilled nursing membership access for healthy and nutritious meals per day for up to seven days. KanCare facility, or rehab facility and have mobility covers this service for PD and BI waiver food options. Max one gift card, 3 boxes of needs, no family support to assist with food fresh produce or one wholesale membership members. access, and/or be at risk for readmission due per household. to nutritional issues. Benefit available within Members can receive a \$10 voucher to buy 30 days of discharge with no age fresh produce at special Farmers Market requirement. events. \$10 voucher is per member and not capped by household. Start Smart for Your Baby® is a program for Benefits for Pregnant and new moms: New moms who complete their child's first pregnant members, babies and families. Start · Pregnant members who attend a well-child visit can receive one package of diapers each quarter until the age of 1, up to Smart for Your Baby features no-cost nursing Community Baby Shower, where UnitedHealthcare is participating, and fill out support, education, and gifts. Plus: 800 diapers. Help with benefits and community services. attendance form will be able to receive a Pregnant moms can receive a \$75 Healthy Special texting program for Start Smart pack and play valued at \$75. Pregnant members who complete their first Grocery Card per pregnancy. • Baby showers at no cost are led by a Start prenatal exam within the first trimester (first Pregnant members that complete a post-Smart care team member. Useful baby items 42 days of plan enrollment) and have their partum visit can receive \$100 to purchase are offered. A nurse will be there to teach provider submit an OBRAF Form, can earn a items that support a healthy environment for moms about: \$75 reward on an OTC Network® reloadable baby and birthing recovery, such as: Caring for themselves and their card to buy health or baby items like diapers baby monitor babies during pregnancy. and wipes. baby proof items The many benefits available during Members can enroll in the Babyscripts convertible car seat pregnancy like dental exams and program to gain access to an app that has diapers prenatal checkups. information on nutrition, exercise, newborn • highchair • Other resources, like car seat safety, care, pregnancy stages and more. Up to portable crib the Women Infants and Children \$75 in rewards can be earned on a Walmart nutrition program (WIC). Healthy Living e-Gift Card for completing · Birthday programs for children and rides to Healthy Blue's New Baby, New Life program program enrollment and attending specified **Pregnant and New Moms** assures pregnant members, and their infants WIC appointments. appointments. Earn \$15.00 for completing a Notice of Members identified as having a high-risk receive appropriate care and services during Pregnancy. the prenatal and postpartum period. Care pregnancy and who are engaged in care Coordinators assist with prenatal, coordination, will receive food support the postpartum, and newborn care. Care last trimester and first month post-partum. Members engaged in Start Smart for Your Coordinators can even help pregnant Baby program, can obtain one safety-certified Member receives \$145 credit per month to members find a care or pediatrician, assist car seat or booster seat reward for attending use from designated website (only healthy key prenatal appointments. with appointment scheduling, and connect food items available for purchase). WellHop provides virtual group prenatal members to additional benefits such as: Covered services (Regular appointments & Members ages 0-15 months and their and postpartum sessions. The program Dental visits) families are connected with a Maternal/Child includes conversations with a trained · Value-added services (Nursing support Care Coordinator who provides telephonic facilitator and members at the same stage in items, diapers, gift cards and more!) outreach and education. Coordinator can pregnancy. Member can go to www.momandbaby.wellhop.com/signup to · Help with community resources such as assist with scheduling well-child visits, provide access to resources and referrals for Baby Showers and Diaper distributions in enroll. your local communities! food, housing, childcare, and other needs. Provides educational materials Pregnant and new moms can receive a \$75 immunizations, lead screenings, safety, and gift card to purchase items to help support child development. healthy breastfeeding such as a nursing support pillow, disposable nursing pads, extra milk storage bags and bottles, nursing cover, microwave sterilizer, and more. Pregnant members that complete a prenatal visit within the first trimester are eligible to receive \$100 to purchase items that support a healthy pregnancy and healthy delivery, such as folic acid supplements, maternity

support belts and hose.

Youth in Foster Care ages 5-18 will receive a \$75 gift card per year for online classes that offer a variety of engaging, small-group classes online to explore their interests indepth via interactive, live video by experienced, independent educators.

Foster care members and children in a kinship placement can receive a \$50 gift card per year to purchase clothing for members to retailers such as Kohl's, TJ Maxx, or Old Navy.

Youth in Foster Care and kinship families can choose from one of the following per year: Family Game Night package includes a card game, jumbo playing dice, jigsaw puzzle and a classic board game, Family Movie Night - a \$50 Fandango gift card, or Family Dinner Night - a \$50 restaurant gift card.

Eligible members in 12th grade are eligible to receive up to a \$75 gift card once per lifetime to use towards textbooks and dorm room items.

Youth members, ages 5 - 17, that complete a well-child visit can receive up to \$200 to help cover the costs for summer camp.

Eligible members, ages 5-18, receive a \$75 gift card per year to use toward annual membership fees to youth clubs, such as: Boys and Girls Clubs, YMCA, Girl Scouts, Boy Scouts, and 4H.

Foster Care eligible, and members on the I/DD, Autism, and SED Waivers are eligible to receive an e-reader that can be used to read books, watch movies, listen to podcasts, and more. (One-time benefit).

Members 18 and up enrolled in the Job Connections program can select one of the following items to help support their employment goals:

- GED assistance
- Industry cert assistance
- Uniform support
- Styling support
- Tools

(One-time benefit.)

Sunny's Kids Club program promotes healthy eating, exercise, and education for kids under 12! Each Kids Club member gets a club membership card and activity book. Sunny's web page has books and fun things to do.

Youth members, ages 5 to 18, can receive a \$50 credit per year for programs, like YMCA, Boys and Girls Clubs, or Girls Scouts or Scouts BSA.

Strong Youth Strong Communities Program™ (SYSC). SYSC works with the Pro Football Hall of Fame and other youthserving groups. SYSC offers summits with topics like:

- Stay Smart: education and career development.
- Stay Safe: cyber safety and healthy relationship skills.
- · Stay Paid: financial literacy.
- Stay Ahead: leadership development.
- · Stay Well: supports for mental and physical health and wellness.

SYSC resources are found on the SYSC website and mobile app.

School Supplies: Members who are in foster care can receive one school supply box per

Members 18 years and under can request a bicycle helmet valued at \$50 each year.

Supportiv is an online, 24/7 on-demand peer support chat tool with real-time livemoderated small group chat conversations and offers resources for coping, problemsolving, and healing. Program available to high school students across school districts in Allen, Ellis, Neosho and Saline counties, plus the city of Wichita. Students can go to www.supportiv.com/Kansas to access.

All members can access a \$50.00 activity or program (annually) at a participating organization such as YMCA and Parks and Recreation locations in Kansas. Additionally, members up to age 18 can also access participating Boy Scouts, or Boys & Girls Clubs. Or you can receive a fitness kit (or outdoor activity ball) for healthy activities at home.

GED/Rides/Opportunities/Work (GROW) is an employment support program. We help members identify and remove employment barriers. GROW features extra transportation coverage, GED test vouchers, and career counseling. Members are connected with a Benefits Specialist to learn how their income

may affect their benefits.

education that might help with employment, such as GED, Coding Classes, Resume Writing Workshops, & ESL (English as a Second Language). Health plan will pay up to \$200 annually for education.

Provide members (age 16 and over) with

Young adult members can access the interactive website www.uhcOMW.com to help prepare them for real world situations, learning practical skills such as managing money, securing housing, finding job training, and applying for college. Members can earn rewards between \$10

and \$50 on an OTC Network® reloadable card to use in specific retail stores to purchase CMS approved health related items. Ways to earn rewards: 1. Complete annual Health Risk Assessment, 2. Annual Well-Child visits for ages 3-17, 3. Attending a Member Advisory Committee Meeting, 4. Members with a Care Coordinator can earn funds to buy items that support care, 5. Quitting using tobacco using covered tobacco cessation services, 6. Pregnant members who complete an in-home visit from a participating maternal program, 7. May be invited to earn rewards for certain preventative health services

All members can access a \$50.00 activity or program (annually) at a participating organization such as YMCA and Parks and Recreation locations in Kansas. Additionally, members up to age 18 can also access participating Boy Scouts, or Boys & Girls Clubs. Or you can receive a fitness kit (or outdoor activity ball) for healthy activities at home.

Members who are enrolled in care management, whole person care, pregnant, or behavioral health programs will be mailed a calendar at the beginning of each year to track their doctor appointments, medications and social events.

Members can receive incentives for completing healthy behaviors such as their initial Health Screening, preventive and wellchild visits, prenatal and postpartum checkups, and more.

Waiver members and members diagnosed with coronary artery disease (CAD), congestive heart failure (CHF), hypertension (HTN), or diabetes can select up to 2 healthy lifestyle aids (not to exceed \$75), such as a digital scale, diabetic insoles and socks, reachers/grabbers, raised toilet seats, fitness trackers, large button remotes, abdominal binders, lumbar support items, memory foam pillows, and more.

Members can receive up to \$25 per household per quarter to purchase:

- OTC items, such as pain relievers, nasal decongestants, nutritional supplements, sleep aids, incontinence products, and more
- Personal hygiene items, such as feminine products, shampoos, conditioners, deodorants, toothbrush holders, hair combs/brushes, and facial tissues.

My Health Pays® rewards members when they participate in their healthcare. Members can earn rewards when they:

- Complete forms like the annual health assessment or notification of pregnancy.
- Participate in any Member Advisory Committee.
- · Complete healthy activities like yearly wellness exams and screenings, tests and other care to protect their health. Each reward earns the member between \$10 and \$25. These amounts are loaded to a Visa® Prepaid Card and can be used to help pay for:
- Utilities, transportation, phone service, childcare, education, and rent.
- Or members can use the rewards to shop at Walmart or Hy-Vee for everyday items. These include baby care, diabetes care, digestive health, eye and ear care, fitness and wellness gear, foot care, first aid, groceries, air purifiers, pesticides, over the counter (OTC) medications, and personal care and more.

American Indian and Alaska Native (AIAN) Members can access up to \$200 per year for holistic healing treatments performed by traditional healing practitioners to support physical, mental, and emotional healing.

Weight Management / Nutrition	Members 18+ diagnosed with hypertension or diabetes are eligible for our Healthy Adults, Healthy Results Program, which includes: •On-demand fitness and exercise resources designed to help teach the importance of physical activity • Personal Exercise Kit or \$50 towards a gym membership • Weight Watchers membership • \$50 Healthy Grocery Card	Healthy Solutions for Life is available to all Members. This program offers multiple health coaching programs, including lifestyle coaching for weight management, exercise, stress, nutrition, and/or tobacco cessation, respiratory programs, cardiac programs, and diabetes programs. Access to each specific program is dependent on certain age and eligibility requirements. For Members that live in Harvey County, Sunflower will provide an incentive for Members to participate in a diabetes education program provided by our partner Health Ministries. Health Ministries' comprehensive program includes cooking classes, weekly food boxes, and ongoing health education, and other tools and supports to help Members make long-term lifestyle changes to improve healthy eating and active living.	Members who complete the Create Better Health SNAP Education Classes will receive a food journal and cooking item valued at \$50.00. Members who register for and attend classes, can contact UnitedHealthcare upon completion to receive the reward. Dining with Diabetes: Members with a diagnosis of Type 2 Diabetes or their caregivers are eligible to attend Dining with Diabetes classes through K-State Research and Extension at no cost. Limited to one set of classes annually per member/caregiver.
On-line Health Info	Eligible members receive unlimited access to the online community which promotes behavioral health and wellness through instruction, coaching, goal setting and monitoring. These self-help resources ensure members can actively participate in their journey to becoming and staying mentally and physically healthy. Resources include: • Access to on-demand personalized self-paced online programs with interactive multimedia tools and activities, and the ability to track progress • Opt-in support from a Masters-level clinical coach by phone, email or text to further their emotional well-being goals • The ability to engage family and friends in their experience to provide ongoing encouragement • Free webinars on a variety of emotional well-being topics Members can use the platform to get support when they need it and practice skills that improve conditions in ways that promote overall good health.	Open to all Members, Pyx is a mobile application tool used to reduce social isolation or loneliness, by providing companionship from an empathetic chatbot, Pyxir. Program includes interactive activities, and resources including links to social services, benefits, and care management programs. Members can access Teladoc Digital Mental Health, a digital health program. It includes weekly exercises, mood trackers and daily inspirational quotes and videos. The program can be used on its own or with other care to support mental health.	Members 18 years old and up can access 24/7 support and companionship using the Pyx Health mobile application. Pyx offers members an engaging app experience to combat social isolation and loneliness by giving them access to compassionate people who can listen and connect them to resources. Self-care, coaching, therapy, and peer support for dealing with stress, anxiety, and depression are available to all members through the AbleTo app.
Cell Phone	Members 13 and up with a behavioral health diagnosis will receive access to a yearly subscription to a Meditation App with guided meditations, sleep aids, and other resources to promote mindfulness and reduce stress. Members assigned a case manager are eligible for the Get Connected to Health program and can receive a high-quality smartphone that's preloaded with a curated selection of digital health applications and resources designed to help them quickly access care and stay healthy (max one per household). This enhanced offering provides members with a higher-quality phone at no cost with unlimited minutes, text messages, data, and accessories.	Sunflower knows it is important for members to have phone service. We support our members through our relationship with LifeLine (federal program) providers, like SafeLink, who provide voice, data, and text service for those who qualify. These LifeLine calls to Sunflower's toll-free phone number do not deplete a members' minutes. For Members in care management who don't qualify for LifeLine, Sunflower will help them access a phone and service through	Free Smartphone with free unlimited text, free 1,000 talk minutes, free 4.5 GB data for members 18 years and older who qualify for the Federal Lifeline program, max one device per household. Members will be able to opt into engagement and outreach enabling health-related campaigns. Members will also be encouraged to use the device for telehealth with local providers.
Classes or Training	Members enrolled in case management with substance use disorders will receive access to our SUD Recovery Support Program, a mobile platform that provides daily motivations/check in, peer support through discussion groups and peer to peer messages, counselor messaging, care plan reminders, goals, journals, high risk location alerts, and content to support ongoing recovery.	programs like ConnectionsPlus®. Training & Support Programs. These include: • Peer support calls for foster & adoptive families through Association for Training on Trauma and Attachment in Children (Attach). • Partnering with the National Foster Parent Association, to support Members and caregivers, including access to a recorded training library, funded by Centene and managed by NFPA. • Interactive training via Fostercare.com. • In-person caregiver training.	Mental Health First Aid Training: Members and other individuals can take an 8-hour course on how to identify, understand, and respond to signs of mental illnesses and substance use. Participants learn a five-step action plan to help an individual connect with professional, peer, social, and self-help care.
Transportation Benefits	Members can get up to 30 roundtrip rides per year to cover for example: grocery stores, food banks, places of worship, Women, Infants, and Children (WIC) appointments, prenatal classes, lactation consultants, breastfeeding and postpartum support groups, the pharmacy, job interviews, career coaching courses, shopping for work attire, community health events, and more. Members 18 and up that complete a wellness visit will be able to receive one of the following with a value up to \$75 per member per year: Ride Share Gift Card, Gas Card, Oil Change, or Public Transportation support.	 Specialty training topics for Providers. Enhanced Transportation Benefit: Members (along with caregiver, if needed) can access up to 12 roundtrips per year to access local events related to Social Determinants of Health (SDOH), such as: Trips for food, housing, employment access, etcetera. Rides to the pharmacy or to other appointments or Rides to groups supporting management of their chronic condition, such as substance abuse support/treatment meetings, physical or behavioral health or diabetes educational programs. 	Extra transportation benefits: Members can get up to 24 total round-trip rides (within a 10-mile radius) per year to cover for example: getting to the pharmacy, grocery store, food bank, WIC, prenatal classes, support group meetings, job related activities such as interviews, job training, shopping for work clothes, or local community activities to access services.

Home / Transition Services	Members with asthma or COPD can select up to 2 items per year (\$200 max) from a custom catalogue of asthma and allergy relief products from options such as: inhaler vaporizer kits, air purifiers, travel nebulizer compressor systems, hypoallergenic bedding, pillow covers and mattress covers, HEPA air filters, and asthma monitoring devices to manage symptom triggers and prevent asthma attacks. Post office boxes (P.O. Box) benefit Tribal Members by enabling them to receive mail in areas where mail may not be delivered directly to their homes. The benefits of P.O. boxes include security, privacy, the need for quicker delivery, and to maintain a permanent mailing address. Healthy Blue will pay for one year of (of a size small) post office box. (One-time benefit.) We will cover the cost of obtaining a driver's license, birth certificate, or state identification	Welcome Home Program Nursing Home Transition: Sunflower helps Members transitioning from the justice system and nursing facilities (and not receiving transition support as a covered benefit) to return to their own homes by working with providers to: • Participate in pre-placement transition meetings, confirming informal supports, completing in-home risk assessment, assisting with hiring of caregivers (if Member chooses self-direction), and other hands-on placement needs. • Coordinate follow-up visits for home health wellness checks to ensure services and equipment are meeting the Member's needs. • Provide up to \$1,500 in one-time transition funds to help Members purchase necessary household or personal items; can include security deposits or utilities, as needed.	Members 18 years old and under with an asthma diagnosis can request an air purifier valued at \$75. This is an annual benefit. Members who are on the Autism or SED Waivers or in foster care will be given a weighted blanket to provide support for anxiety. Member can request one of three weight options: Light/Medium/Heavy. One blanket per member annually. All members living in Rural and Frontier counties (determined by the state of Kansas) can call member services to confirm their address and request a \$50 reward on an OTC Network® reloadable card to purchase CMS approved over the counter items. This is an annual benefit. Members who are enrolled in care coordination, whole-person care, pregnant or certain behavioral health programs can request a medication lockbox
	card for members age 14 and older who do not have access to these resources through another source. (One-time benefit.)		to help reduce intentional or accidental overdose or misuse. One lockbox per household.
Respite Care	(Up to 60 hours of respite care per year, with no more than 48 hours in a single month. For members on the FE or PD waivers or members on a waiting list for HCBS Services.	
	FE, PD, and I/DD waiver members can select up to 2 home safety items per year such as: carbon monoxide detectors, hearing impaired smoke alarms, fire extinguishers, air quality monitor, water filtration kits, lead test kits, gun locks, radon detectors, night lights, door alarms, or mold tests.	Sunflower will partner with Kansas Centers for Independent Living to provide in-person and virtual training for Members enrolled in Waiver programs and their families. These trainings will focus on self-direction and independent living skills, including information on available tools and overcoming challenges.	Members on HCBS waivers, without current internet service, could get internet cost covered to participate in telehealth appointments. Benefit covers 12 months, as long as member remains with UnitedHealthcare.
	Members on the I/DD waiver with sensory or dental anxiety can receive one dental desensitization kit per year to help reduce anxiety and stress.	Up to 16 hours of hospital companionship for persons enrolled in waiver programs.	All LTSS members will receive a \$50 reward on an OTC Network® reloadable card to purchase CMS approved over the counter items. This is an annual benefit.
Extras for Waiver Members	Members on the IDD, Autism, and SED waivers or with a diagnosis of ADD, ADHD, or anxiety are eligible to receive a \$100 allowance per year to choose from custom textile products, equipment, toys, and other tactile and sensory products like gravity blankets, thinking putty, fidget spinners, and resistance bands. These products are meant to help improve conversation building and fine motor skills, help reduce anxiety, improve focus, and more!	Sunflower supports caregivers with the Caregiving Collaborations program. It is available to one primary, informal support caregiver per member. Benefits include a needs assessment to identify caregiver resources to reduce burnout and stress, referrals to support groups, access to the Caregiver Resource Center and a Caregiver Journal.	Members on a Home and Community Based Services waiver who own their own home, can receive a once per year pest control treatment up to \$250 per year. Care Coordinator must determine a pest problem. *If identified need for additional treatment is noted, those treatments could be available through the Care Coordinator approval process.
	Healthy Blue Members on the FE, PD, I/DD, and BI waivers or the waiver waiting lists that complete the "Living Well in the Community" training courses, offered by Three Rivers, Inc. (3Rivers) Center for Independent Living will receive up to \$50 in gift cards for successful completion of the full curriculum.	Members on the I/DD waiver and waitlist can access up to 2 practice dental visits through their dental Provider's office to become more familiar with their dental Provider and dental care and treatment to reduce stress at future visits.	An annual membership to a support program for the parent or caregiver of infants and toddlers at risk for behavioral health conditions. Includes parent support calls, one-on-one support, registration to ATTACh conferences, and access to a community support group.
	Healthy Blue Members on the I/DD, PD, FE, BI waivers or the waiver waiting lists who own their own home can receive up to \$250 toward pest control treatments or carpet cleaning services.		

cleaning services.

To change plans, call 1-866-305-5147 Para cambiar planes llame 1-866-305-5147

Benefits listed can change throughout the year. For the most updated benefits, please see the KanCare website: https://www.kancare.ks.gov/consumers/benefits-services